

***Volunteer Interest Form***

**About You:**

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| Name: | Nationality: | Date of birth: |
| Languages spoken: | Email address: | Contact number: |
| Passions/interests/hobbies: (eg painting, dancing, writing stories etc): |
| Occupation and current job: | Professional experience: (please summarise here and attach your CV) |
| Education background: |
| Do you have any illnesses that require constant medication? If yes, please give details: |
| Have you spent any time in Nepal or a developing country before? |
| Do you have any experience with children? Please give details. This helps us work out which if our projects is best for you. |

**About your volunteer plans**

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| When would you like to volunteer with Mitrataa?  | For how long would you be able to commit to working with us? We generally require a minimum 2 week commitment.  | How many of you are coming (ie are you travelling alone)? |
| Which of our projects are you interested in working with? Why? | As you can appreciate, we get a lot of requests for volunteer postings.. What do you think makes you stand out as someone we can’t say no to?  |
| At Mitrataa, we love passionate, independent, creative people with big dreams. How does this fit with you? |
| Please write a short description about what you propose to do during your time as a volunteer with Mitrataa – eg what workshops, skills sharing, activities etc you believe you could share that would be beneficial to the Mitrataa family. We will work with you to come up with a program that meets our needs but we are interested in your ideas.  |